

OFFICIAL FEEDBACK FORM

DIALOGUE DATE	Wednesday, 28 April 2021 14:30 GMT +03:00
DIALOGUE TITLE	Kestävä ruokavalion murros
CONVENED BY	WWF Finland Youth
DIALOGUE EVENT PAGE	https://summitdialogues.org/dialogue/12989/
DIALOGUE TYPE	Independent
GEOGRAPHICAL FOCUS	Finland

The outcomes from a Food Systems Summit Dialogue will be of use in developing the pathway to sustainable food systems within the locality in which they take place. They will be a valuable contribution to the national pathways and also of interest to the different workstreams preparing for the Summit: the Action Tracks, Scientific Groups and Champions as well as for other Dialogues.

1. PARTICIPATION

TOTAL NUMBER OF PARTICIPANTS

PARTICIPATION BY AGE RANGE

6 0-18 10 19-30 6 31-50 51-65 66-80 80+

PARTICIPATION BY GENDER

3 Male 19 Female Prefer not to say or Other

NUMBER OF PARTICIPANTS IN EACH SECTOR

3	Agriculture/crops	1	Education	17	Health care
	Fish and aquaculture		Communication		Nutrition
	Livestock		Food processing		National or local government
	Agro-forestry	1	Food retail, markets		Utilities
	Environment and ecology		Food industry		Industrial
	Trade and commerce		Financial Services		Other

NUMBER OF PARTICIPANTS FROM EACH STAKEHOLDER GROUP

	Small/medium enterprise/artisan		Workers and trade union
1	Large national business		Member of Parliament
0	Multi-national corporation		Local authority
	Small-scale farmer	1	Government and national institution
	Medium-scale farmer		Regional economic community
	Large-scale farmer		United Nations
1	Local Non-Governmental Organization		International financial institution
3	International Non-Governmental Organization		Private Foundation / Partnership / Alliance
	Indigenous People	15	Consumer group
1	Science and academia		Other

2. PRINCIPLES OF ENGAGEMENT

HOW DID YOU ORGANIZE THE DIALOGUE SO THAT THE PRINCIPLES WERE INCORPORATED, REINFORCED AND ENHANCED?

The dialogue was organized by WWF Youth Finland. We wanted to talk mainly with young people about food system and how it should be changed. Participants were introduced to the summit vision and objectives. Our discussion was organized in Zoom with breakout rooms. We had an open and safe space for every to feel comfortable engaging with one another. We emphasized the importance of respect throughout all processes and chose prominent leaders to be the facilitators at each breakout room. We used the principles available for this event.

HOW DID YOUR DIALOGUE REFLECT SPECIFIC ASPECTS OF THE PRINCIPLES?

The dialogue made sure to embrace the group of young people to identify and discuss the barriers for sustainable diets, as well as to develop ideas for future's sustainable diets. We highlighted openness and trust as a key elements for everyone. There was the opportunity to give input, questions and comments in the chat box, too.

DO YOU HAVE ADVICE FOR OTHER DIALOGUE CONVENORS ABOUT APPRECIATING THE PRINCIPLES OF ENGAGEMENT?

3. METHOD

The outcomes of a Dialogue are influenced by the method that is used.

DID YOU USE THE SAME METHOD AS RECOMMENDED BY THE CONVENORS REFERENCE MANUAL?

Yes

No

The dialogue was organized as a 90-minute online meeting using the Zoom platform

4. DIALOGUE FOCUS & OUTCOMES

MAJOR FOCUS

The dialogue aimed at addressing sustainable diets (Action Track 2): how diets can transition towards more nutritious foods that require fewer resources to produce in Finland.
The following topics were discussed in groups: how do you see our food system in 10 years, what especially retailers and restaurants should do for sustainable diets and how to make sustainable diets easier to choose for young people?

ACTION TRACKS

- Action Track 1: Ensure access to safe and nutritious food for all
- Action Track 2: Shift to sustainable consumption patterns
- Action Track 3: Boost nature-positive production
- Action Track 4: Advance equitable livelihoods
- Action Track 5: Build resilience to vulnerabilities, shocks and stress

KEYWORDS

- Finance
- Innovation
- Human rights
- Women & Youth Empowerment
- Policy
- Data & Evidence
- Governance
- Trade-offs
- Environment and Climate

MAIN FINDINGS

All must work together to make sustainable diets more cheaper and easier to choose. This means e.g. that retailers could choose more strictly what they are selling based on sustainability. Also restaurant should have many veggie/vegan options. School lunches have an important role for Finnish child and young people, so there should be a lot of plant-based lunches available. It should be easier to choose veggie lunch: it could be a first option for everyone. Shift to plant-based protein consumption and reduce meat consumption is really important.

The voice of the young people needs to be taken more seriously on both the industry and policy level. Young people wants to understand the complexities of the food systems, and we have to make science-based knowledge easy to find.

Naturally this means that we need clear political decisions for changing our diets and thes decisions have to be science-based. It should be cheap and easy to buy sustainable food. Our production system has to change, too, and we have to work together to make this change as fair as possible for everyone.

ACTION TRACKS

<input type="checkbox"/>	Action Track 1: Ensure access to safe and nutritious food for all
<input checked="" type="checkbox"/>	Action Track 2: Shift to sustainable consumption patterns
<input type="checkbox"/>	Action Track 3: Boost nature-positive production
<input type="checkbox"/>	Action Track 4: Advance equitable livelihoods
<input type="checkbox"/>	Action Track 5: Build resilience to vulnerabilities, shocks and stress

KEYWORDS

<input type="checkbox"/>	Finance	<input checked="" type="checkbox"/>	Policy
<input type="checkbox"/>	Innovation	<input type="checkbox"/>	Data & Evidence
<input type="checkbox"/>	Human rights	<input checked="" type="checkbox"/>	Governance
<input checked="" type="checkbox"/>	Women & Youth Empowerment	<input type="checkbox"/>	Trade-offs
<input type="checkbox"/>		<input checked="" type="checkbox"/>	Environment and Climate

OUTCOMES FOR EACH DISCUSSION TOPIC

Everyone should do something: we need a systemic transformation and there are so many actions needed. We have to change our eating habits, and one step is to change school lunch more plant-based. This should be done urgently and it is a political decision.

ACTION TRACKS

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KEYWORDS

- Finance Policy
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- Human rights Governance
- Women & Youth Empowerment Trade-offs
- Environment and Climate

AREAS OF DIVERGENCE

Who has the most important role to make a change? Some think that consumers have the most significant role: they should change their habits. But most of the participants thought that politics and businesses have more power and they should use it to make consumers' choices more sustainable.

The true cost of food has to be recognized and rewarded, while making healthy and sustainable food available and affordable to all.

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ATTACHMENTS AND RELEVANT LINKS

ATTACHMENTS

- **Dialogue in Zoom, programme**
<https://summitdialogues.org/wp-content/uploads/2021/04/Nayttokuva-446.png>