

OFFICIAL FEEDBACK FORM

DIALOGUE DATE	Wednesday, 30 June 2021 19:00 GMT -04:00
DIALOGUE TITLE	Nutrition Professionals Have a Vital Role in Advancing Sustainable Food Systems and Sustainable Diets
CONVENED BY	Doreen S. Garelick, Chair, Public Policy Committee, Academy of Nutrition and Dietetics, Hunger and Environmental Nutrition DPG; Rebecca Garofano, Grassroots Organizer, Academy of Nutrition and Dietetics, Hunger and Environmental Nutrition DPG
DIALOGUE EVENT PAGE	https://summitdialogues.org/dialogue/21686/
DIALOGUE TYPE	Independent
GEOGRAPHICAL FOCUS	No borders

The outcomes from a Food Systems Summit Dialogue will be of use in developing the pathway to sustainable food systems within the locality in which they take place. They will be a valuable contribution to the national pathways and also of interest to the different workstreams preparing for the Summit: the Action Tracks, Scientific Groups and Champions as well as for other Dialogues.

1. PARTICIPATION

TOTAL NUMBER OF PARTICIPANTS

8

PARTICIPATION BY AGE RANGE

0-18

3

19-30

1

31-50

3

51-65

1

66-80

80+

PARTICIPATION BY GENDER

Male

8

Female

Prefer not to say or Other

NUMBER OF PARTICIPANTS IN EACH SECTOR

1 Agriculture/crops
Fish and aquaculture
Livestock
1 Agro-forestry
1 Environment and ecology
Trade and commerce

3 Education
2 Communication
Food processing
Food retail, markets
1 Food industry
Financial Services

2 Health care
6 Nutrition
National or local government
Utilities
Industrial
Other

NUMBER OF PARTICIPANTS FROM EACH STAKEHOLDER GROUP

Small/medium enterprise/artisan
Large national business
1 Multi-national corporation
Small-scale farmer
Medium-scale farmer
Large-scale farmer
3 Local Non-Governmental Organization
1 International Non-Governmental Organization
Indigenous People
2 Science and academia

Workers and trade union
Member of Parliament
Local authority
1 Government and national institution
Regional economic community
United Nations
International financial institution
Private Foundation / Partnership / Alliance
Consumer group
Other

2. PRINCIPLES OF ENGAGEMENT

HOW DID YOU ORGANIZE THE DIALOGUE SO THAT THE PRINCIPLES WERE INCORPORATED, REINFORCED AND ENHANCED?

The Principles of Engagement were reviewed in detail with the group of participants at the beginning of the session.

HOW DID YOUR DIALOGUE REFLECT SPECIFIC ASPECTS OF THE PRINCIPLES?

All the Principles of Engagement were reviewed with the Dialogue participants at the beginning of the session.

DO YOU HAVE ADVICE FOR OTHER DIALOGUE CONVENORS ABOUT APPRECIATING THE PRINCIPLES OF ENGAGEMENT?

Explaining and adhering to the Principles of Engagement will help your Dialogue run smoothly and be productive.

3. METHOD

The outcomes of a Dialogue are influenced by the method that is used.

DID YOU USE THE SAME METHOD AS RECOMMENDED BY THE CONVENORS REFERENCE MANUAL?

Yes

No

4. DIALOGUE FOCUS & OUTCOMES

MAJOR FOCUS

The major focus of our Dialogue was exploring the vital role of nutrition professionals in advancing sustainable food systems and sustainable diets during the next ten years.

ACTION TRACKS

- Action Track 1: Ensure access to safe and nutritious food for all
- Action Track 2: Shift to sustainable consumption patterns
- Action Track 3: Boost nature-positive production
- Action Track 4: Advance equitable livelihoods
- Action Track 5: Build resilience to vulnerabilities, shocks and stress

KEYWORDS

- Finance
- Innovation
- Human rights
- Women & Youth Empowerment
- Policy
- Data & Evidence
- Governance
- Trade-offs
- Environment and Climate

MAIN FINDINGS

Sustainable Food Systems

- The Academy recognizes that many of the actions that are needed to achieve sustainable food and water systems will require changes in practices, habits, and behaviors, which can be challenging or overwhelming to some people, businesses, and organizations.
- The work of Registered Dietitian Nutritionists (RDNs) intersects with all the food system sectors, which makes RDNs uniquely qualified to actively shape and deliver dietary guidance, improve nutrition security and water security, align food production and nutrition, optimize supply chains and food environments, and reduce waste.
- The Academy recognizes that revised socio-political structures will be needed to ensure that farmworkers are paid fair wages and work under suitable and safe conditions.

Sustainable Diets

- Providing guidance on sustainable diets should become an integral element of the practice of dietetics and RDNs are uniquely positioned to do so, as experts in client-centered care and motivational interviewing.
- When RDNs integrate sustainable diets into their nutrition counseling practices, it will help drive consumer demand for more sustainable foods, and help motivate food producers and manufacturers to offer more sustainable food and beverage products. The Academy recommends support and facilitation of markets for sustainable foods, which are essential for viability of these foods and related production systems.
- To establish and maintain a higher level of professional credibility among healthcare professions and the public, RDNs should avoid the perceived conflicts of interest that may accompany business relationships or sponsorships with certain commercial enterprises and trade associations.
- BIPOC farmers have historically used more sustainable farming practices, which should be expanded and promoted through additional funding and support.
- The Academy encourages USDA to work with other U.S. federal agencies and retailers to actively facilitate and promote purchases of sustainable food choices.

ACTION TRACKS

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OUTCOMES FOR EACH DISCUSSION TOPIC - 1/2

Sustainable Food Systems

- RDNs are skilled in behavior change counseling and can partner with other stakeholders to help people, businesses, and organizations effect changes toward sustainable food and water systems.
- The Academy encourages the Department of Health and Human Services (HHS), and the Department of Agriculture (USDA), to reconsider inclusion of sustainable food systems in the 2025 Dietary Guidelines for Americans.

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OUTCOMES FOR EACH DISCUSSION TOPIC - 2/2

Sustainable Diets

- RDNs can advocate for increasing the availability of continuing education (including conferences) for practicing RDNs on culturally, geographically, and economically appropriate sustainable diets.
- RDNs can advocate for increasing the availability of classes for prospective RDNs on culturally, geographically, and economically appropriate sustainable diets that are offered in Didactic Programs in Dietetics and Dietetic Internships.
- RDNs can advocate to (1) develop and implement a sustainability requirement, similar to the ethics requirement, pursuant to which all CDR credentialed practitioners must complete a minimum of 1 credit pertaining to the topic of sustainability during each 5-year recertification cycle, (2) revise and strengthen Essential Practice Competency 1.8 (Demonstrates sustainable practices that are socially responsible, efficient, effective and environmentally friendly) and (3) develop sustainability questions for inclusion on the Registration Examination for Dietitians.
- RDNs can obtain suitable training in order to support self-promotion as credible experts in sustainable diets and food systems.
- RDNs who work in the food service sector can provide sustainability guidance related to purchasing decisions.
- RDNs can work with culinary schools to develop a curriculum for sustainable diets that emphasize plant-based proteins.
- RDNs can help develop and implement an assessment that food producers and manufacturers can use to assess and promote their commitment to sustainability.
- The RDN profession can be rebranded to more effectively communicate to the public the diversity of our skills and knowledge.
- The Menus of Change University Research Collaborative is a “nationwide network of colleges and universities using campus dining halls as living laboratories for behavior change” with the goal of moving “people toward healthier, more sustainable, and delicious foods using evidence-based research, education, and innovation.” RDNs can provide guidance to help adapt this model to K - 12 school meals.
- RDNs can advocate for laws that will ensure farmworkers are paid fair wages and work under conditions that do not endanger their health.

ACTION TRACKS

- | | |
|---|--|
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KEYWORDS

- | | | | |
|--|---------------------------|---|-------------------------|
| | Finance | ✓ | Policy |
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| | | ✓ | Environment and Climate |

AREAS OF DIVERGENCE

No areas of divergence emerged during our Dialogue.

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ATTACHMENTS AND RELEVANT LINKS

RELEVANT LINKS

- **Menus of Change University Research Collaborative**
<https://www.moccollaborative.org>