

OFFICIAL FEEDBACK FORM

DIALOGUE DATE	Tuesday, 29 June 2021 12:00 GMT -04:00
DIALOGUE TITLE	Nutrition Professionals Have a Vital Role in Advancing Sustainable Food Systems and Sustainable Diets
CONVENED BY	Doreen S. Garelick, Chair, Public Policy Committee, Academy of Nutrition and Dietetics, Hunger and Environmental Nutrition DPG; Rebecca Garofano, Grassroots Organizer, Academy of Nutrition and Dietetics, Hunger and Environmental Nutrition DPG
DIALOGUE EVENT PAGE	https://summitdialogues.org/dialogue/22381/
DIALOGUE TYPE	Independent
GEOGRAPHICAL FOCUS	No borders

The outcomes from a Food Systems Summit Dialogue will be of use in developing the pathway to sustainable food systems within the locality in which they take place. They will be a valuable contribution to the national pathways and also of interest to the different workstreams preparing for the Summit: the Action Tracks, Scientific Groups and Champions as well as for other Dialogues.

1. PARTICIPATION

TOTAL NUMBER OF PARTICIPANTS

11

PARTICIPATION BY AGE RANGE

0 0-18 2 19-30 4 31-50 4 51-65 1 66-80 80+

PARTICIPATION BY GENDER

1 Male 10 Female Prefer not to say or Other

NUMBER OF PARTICIPANTS IN EACH SECTOR

3	Agriculture/crops	3	Education	3	Health care
	Fish and aquaculture	4	Communication	8	Nutrition
	Livestock		Food processing		National or local government
	Agro-forestry		Food retail, markets		Utilities
3	Environment and ecology		Food industry		Industrial
	Trade and commerce		Financial Services		Other

NUMBER OF PARTICIPANTS FROM EACH STAKEHOLDER GROUP

2	Small/medium enterprise/artisan		Workers and trade union
	Large national business		Member of Parliament
	Multi-national corporation		Local authority
	Small-scale farmer		Government and national institution
	Medium-scale farmer		Regional economic community
	Large-scale farmer		United Nations
	Local Non-Governmental Organization		International financial institution
	International Non-Governmental Organization		Private Foundation / Partnership / Alliance
	Indigenous People		Consumer group
6	Science and academia	3	Other

2. PRINCIPLES OF ENGAGEMENT

HOW DID YOU ORGANIZE THE DIALOGUE SO THAT THE PRINCIPLES WERE INCORPORATED, REINFORCED AND ENHANCED?

The Principles of Engagement were reviewed in detail with the group of participants at the beginning of the session.

HOW DID YOUR DIALOGUE REFLECT SPECIFIC ASPECTS OF THE PRINCIPLES?

All the Principles of Engagement were reviewed with the Dialogue participants at the beginning of the session.

DO YOU HAVE ADVICE FOR OTHER DIALOGUE CONVENORS ABOUT APPRECIATING THE PRINCIPLES OF ENGAGEMENT?

Explaining and adhering to the Principles of Engagement will help your Dialogue run smoothly and be productive.

3. METHOD

The outcomes of a Dialogue are influenced by the method that is used.

DID YOU USE THE SAME METHOD AS RECOMMENDED BY THE CONVENORS REFERENCE MANUAL?

Yes

No

4. DIALOGUE FOCUS & OUTCOMES

MAJOR FOCUS

The major focus of our Dialogue was exploring the vital role of nutrition professionals in advancing sustainable food systems and sustainable diets during the next ten years.

ACTION TRACKS

- Action Track 1: Ensure access to safe and nutritious food for all
- Action Track 2: Shift to sustainable consumption patterns
- Action Track 3: Boost nature-positive production
- Action Track 4: Advance equitable livelihoods
- Action Track 5: Build resilience to vulnerabilities, shocks and stress

KEYWORDS

- Finance
- Innovation
- Human rights
- Women & Youth Empowerment
- Policy
- Data & Evidence
- Governance
- Trade-offs
- Environment and Climate

MAIN FINDINGS

Sustainable Food Systems

- The general public is not cognizant of local, national or global food systems.
- Registered Dietitian Nutritionists (RDNs) work in a wide array of roles within the food system, and are skilled at education, communication, policy development, advocacy, and research, which makes RDNs uniquely qualified to actively shape and deliver dietary guidance, improve nutrition security and water security, align food production and nutrition, optimize supply chains and food environments, and reduce waste.
- Developing and implementing plans to advance sustainable food systems requires the participation of multidisciplinary teams with members representing all sectors of the food system.

Sustainable Diets

- Providing guidance on sustainable diets should become an integral element of the practice of dietetics.
- Sustainable diets will differ between and within countries, e.g., in industrial economies a sustainable diet would include moderating animal protein intake and increasing plant protein intake (up to and including 100% plant-based diets), whereas in economies that experience protein inadequacy, increased animal protein intake may be necessary.
- To establish and maintain a higher level of professional credibility among healthcare professions and the public, RDNs should avoid the perceived conflicts of interest that may accompany business relationships or sponsorships with certain commercial enterprises and trade associations.

ACTION TRACKS

- ✓ Action Track 1: Ensure access to safe and nutritious food for all
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OUTCOMES FOR EACH DISCUSSION TOPIC - 1/2

Sustainable Food Systems

- The Academy of Nutrition and Dietetics urges the Department of Health and Human Services (HHS), and the Department of Agriculture (USDA), to reconsider inclusion of sustainable food systems in the 2025 Dietary Guidelines for Americans.
- Registered Dietitian Nutritionists (RDNs) are well-qualified to help educate the general public about national or global food systems, criteria to define a sustainable food system, and actions the public can take toward developing a sustainable food system.
- RDNs are well-qualified to develop curricula and teach about sustainable food systems in primary and secondary school settings.
- RDNs can develop curricula and teach about sustainable food systems in college and university settings, in collaboration with the campus food service management.
- RDNs can use their personal social media accounts to communicate about sustainable food systems.
- The Academy strongly encourages relevant agencies, such as the U.S. Department of Health and Human Services, to expand financial support options for students of color to increase diversity in the RDN profession so that RDNs can more effectively communicate with and represent those who are disenfranchised by the current food system.
- Increase the availability of continuing education for practicing RDNs on policy, advocacy, and systems thinking to empower more RDNs to advocate for sustainable food systems with local, state and federal lawmakers.
- RDNs can advocate for increasing the availability of classes for prospective RDNs on policy, advocacy, and systems thinking that are offered in Didactic Programs in Dietetics, Dietetic Internships, and other related educational programs.

ACTION TRACKS

- | | |
|-------------------------------------|--|
| <input checked="" type="checkbox"/> | Action Track 1: Ensure access to safe and nutritious food for all |
| <input checked="" type="checkbox"/> | Action Track 2: Shift to sustainable consumption patterns |
| <input type="checkbox"/> | Action Track 3: Boost nature-positive production |
| <input type="checkbox"/> | Action Track 4: Advance equitable livelihoods |
| <input type="checkbox"/> | Action Track 5: Build resilience to vulnerabilities, shocks and stress |

KEYWORDS

- | | | | |
|--------------------------|---------------------------|-------------------------------------|-------------------------|
| <input type="checkbox"/> | Finance | <input checked="" type="checkbox"/> | Policy |
| <input type="checkbox"/> | Innovation | <input type="checkbox"/> | Data & Evidence |
| <input type="checkbox"/> | Human rights | <input checked="" type="checkbox"/> | Governance |
| <input type="checkbox"/> | Women & Youth Empowerment | <input type="checkbox"/> | Trade-offs |
| <input type="checkbox"/> | | <input checked="" type="checkbox"/> | Environment and Climate |

OUTCOMES FOR EACH DISCUSSION TOPIC - 2/2

Sustainable Diets

- RDNs can advocate for increasing the availability of continuing education for practicing RDNs on culturally, geographically, and economically appropriate sustainable diets.
- RDNs can advocate for increasing the availability of classes for prospective RDNs on culturally, geographically, and economically appropriate sustainable diets that are offered in Didactic Programs in Dietetics and Dietetic Internships.
- RDNs can work with the Commission on Dietetic Registration (CDR) of the Academy of Nutrition and Dietetics to develop and implement a sustainability requirement, similar to the ethics requirement, pursuant to which all CDR credentialed practitioners must complete a minimum of 1 CPEU pertaining to the topic of sustainability during each 5-year recertification cycle.
- RDNs can use their personal social media accounts to share quick and simple recipes that align with a sustainable diet.
- The Academy supports an effort to create a national, standardized, front-of-package symbol system to help consumers quickly identify healthier foods.

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AREAS OF DIVERGENCE

No areas of divergence emerged during our Dialogue.

ACTION TRACKS

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Action Track 2: Shift to sustainable consumption patterns

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Action Track 4: Advance equitable livelihoods

Action Track 5: Build resilience to vulnerabilities, shocks and stress

KEYWORDS

Finance

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Human rights

Women & Youth Empowerment

Policy

Data & Evidence

Governance

Trade-offs

Environment and Climate

ATTACHMENTS AND RELEVANT LINKS

RELEVANT LINKS

- <https://www.nap.edu/catalog/18846/a-framework-for-assessing-effects-of-the-food-system>
- <https://amp.theguardian.com/cdn.ampproject.org/c/s/amp.theguardian.com/business/2021/jun/27/traffic-light-system-of-e-co-scores-to-be-piloted-on-british-food-labels>
- <https://pubmed.ncbi.nlm.nih.gov/30660336/>